PHYSICIANS FOUNDATION REPORT: PATIENT SURVEY<br>MAY 2016

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## Objectives

In the summer of 2015, the Physicians Foundation conducted focus groups in New York, Chicago, and Los Angeles to explore the physician-patient relationship. The Foundation desired to gain further insights into this relationship and how it is being affected by the transition of solo and small group practitioners to larger healthcare/hospital systems. As part of this effort, the Foundation commissioned Nielsen (via The Harris Poll) to investigate:

- Coverage, use, and opinions on health insurance
- Experience and satisfaction levels with recent visits with HCPs
- Attitudes and perceptions of medicine
- Experience with and attitudes toward EMR/EHR
- Attitudes toward the Affordable Care and Patient Protection Act


## Approach

- Sample: 1,511 adults in the U.S. ages of 27 and 75 , who had seen the same doctor at least two times in the past 12 months: recruited and screened from the Harris Poll online panel.
- Target respondents received an email invitation describing the study in general terms. Prospective respondents who were interested were directed to a website to complete the survey online.
- The survey was administered via Nielsen secure servers and was accessible to all interested respondents until the survey quota ( $n=1,500$ ) was filled. At that time, the site was disabled with a notice informing interested respondents that the study had been completed.
- Data collection was between February 1, 2016 and February 11, 2016; the survey took 15 minutes (on average) to complete.
- Data are weighted to reflect a nationally representative sample of U.S. adults between 27 and 75 years of age.
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## SUMMARY OF FINDINGS

## The Doctor-Patient Relationship

Among U.S. adults, the doctorpatient relationship is in very good shape. An overwhelming majority are very satisfied/satisfied with their most recent visit with their primary care physician (PCP).

- The majority of healthcare consumers are highly satisfied with aspects of their most recent visit for routine care.
- $90 \%$ were very satisfied/satisfied with:
- Their PCP's ability to explain things in a way they could understand (95\%).
- The "respectfulness" of their PCP (96\%).
- How well their doctor listened to them during the most recent routine exam (93\%).
- How well knew their medical history (92\%).
- Most (63\%) disagree that the ACA has helped the doctor-patient relationship.
- Three-quarters (74\%) say their relationship with their doctor has stayed about the same since the ACA was passed.


## Who's Impacting Treatment Options?

When it comes to available treatment options, U.S. healthcare consumers believe there is a hierarchy in the impact various players have. Health insurance companies are seen as having the most impact; physicians are a close second.

\% impact treatment options a lot/some

## Routine Health Exams

The majority of U.S. adults visit PCPs for routine exams. While there is variation across some demographic groups, among the groups we examined, PCPs were the most often visited healthcare provider for routine exams.

For their most recent routine exam:

- About 78\% U.S. adults visited a physician (PCP/ specialist).
- By age: 73\% were 65+, $59 \%$ were 18-34 and $64 \%$ were $35-44$.
- By employment status: 67\% employed full-time versus 57\% unemployed.
- By income: 70\% with HH incomes of \$75 - \$149.9K; significantly more than those with HH incomes of $\$ 150 \mathrm{~K}+(56 \%)$.
- $22 \%$ with HH incomes of $\$ 150 \mathrm{~K}+$ visited a specialist. That is significantly more than the $11 \%$ with HH incomes of $\$ 25 \mathrm{~K}-\$ 74.9 \mathrm{~K}$ and $11 \%$ with HH incomes of $\$ 75 \mathrm{~K}$ \$149.9K.


## Healthcare Quality and Access

Half of U.S. adults are able to schedule sick visits within one day. Large majorities report that their appointment wait time and quality of care has stayed about the same since the ACA passed.


- 71\% say wait time for their most recent routine exam was about what they expect.
- $51 \%$ are able to schedule an appointment for sick care within one day.
- $78 \%$ say appointment times are about the same now as before the ACA passed.
- $75 \%$ say that the quality of care they receive from their doctor is about the same as it was before the ACA passed.


## Healthcare services are welcomed...

Overall, U.S. adults are quite willing to use services that make receiving healthcare services easier.


- $75 \%$ are willing to use same-day appointments. Some are significantly very likely/likely to use these appointments such that:
- $84 \%$ of adults $18-34$ and $85 \%$ of adults $35-44$ versus $65 \%$ of adults $65+$.
- $80 \%$ with children in HH versus $72 \%$ without children in HH .
- $81 \%$ with employer-sponsored health insurance versus $66 \%$ with Medicare or Medicaid (66\%).
- $80 \%$ with full-time and $78 \%$ with part-time employment versus $65 \%$ of the unemployed.
- $68 \%$ are willing to use extended doctor office hours.
- $82 \%$ of adults $18-34$ and $79 \%$ of adults $35-44$ versus $45 \%$ of adults 65+.
- $75 \%$ with children in HH versus $62 \%$ of those without children in HH .
- $77 \%$ with employer-sponsored health insurance versus $49 \%$ with Medicare or Medicaid (49\%).
- $78 \%$ with full-time and $64 \%$ with part-time employment versus $63 \%$ of the unemployed.


## ...keep them coming

- $64 \%$ are willing to use online scheduling.
- $73 \%$ of those $18-34$ and $72 \%$ of adults $35-44$ versus $52 \%$ of adults 65+.
- $68 \%$ with children in HH versus $60 \%$ of those without children in HH.
- $72 \%$ with employer-sponsored health insurance versus $54 \%$ with Medicare or Medicaid (54\%)
- $69 \%$ with full-time and $78 \%$ with parttime employment versus $47 \%$ of the unemployed.

- $71 \%$ are willing to use e-mail with their physician.
- $84 \%$ of adults $18-34,79 \%$ of those $35-44$, and $72 \%$ of adults $45-54$ versus $45 \%$ of those 65+.
- $75 \%$ of those with children in HH versus to $62 \%$ of those without children in HH .
- $77 \%$ with employer-sponsored health insurance versus $49 \%$ with Medicare or Medicaid (49\%).
- $78 \%$ with full-time and $64 \%$ with part-time employment versus $63 \%$ of the unemployed.


## Cost Drivers of Healthcare

It's common knowledge that healthcare costs continue to rise. Among U.S. adults, the most often cited reason, (significantly greater than all other factors) is the cost of prescription drugs. Costs of physician fees comes in seventh with one out of five consumers citing it as a reason for rising healthcare costs.


## The Healthcare Cost Burden

Costs affect consumers in several ways. Many are concerned with the future costs of seeking healthcare. Many U.S. adults use noncompliance techniques to reduce their overall healthcare costs. And, large segments of the population already have debt due to medical costs.


- $67 \%$ of adults are concerned with being able to pay for medical treatment if they get sick or are injured.
- $48 \%$ are not confident they could afford care if they become seriously ill.
- 40\% have "medical" debt.
- $43 \%$ had an unexpected healthcare expense in the past 12 months; and, for $63 \%$ of these, it caused serious financial hardship.
- $25 \%$ of U.S. adults have skipped a medical test, treatment or follow-up or avoided a visit with a doctor for a medical problem (28\%) in the past 12 months because of the cost. Because of cost:
- $18 \%$ have skipped doses of medicine.
- $27 \%$ have avoided filling a prescription.


## The Challenge of Affordability

Consumers have varying opinions on the affordability of different aspects of health insurance. Most think PCP copays are affordable, but specialist copays are not. About similar numbers think insurance premiums and deductibles are not affordable.

- $21 \%$ say their PCP copay is unaffordable. While...
- $57 \%$ say their specialist copay is unaffordable.
- Adults with employer-sponsored insurance are significantly more likely than those with government insurance i.e., Medicare/ Medicaid to say this.
- $39 \%$ say their health insurance deductible is unaffordable.
- Those with employer-sponsored/on their own insurance are both significantly more likely than those with Medicare/Medicare to say this.
- $34 \%$ of U.S. adults say their health insurance premium is unaffordable.
- Those with employer-sponsored/on their own insurance are both significantly more likely than those with Medicare/Medicare to say this.


## Technology and Healthcare

The American Recovery and Reinvestment Act of 2009 included a requirement that HCPs begin "meaningful use" of EMR by January 1, 2014. Part of the rationale for this requirement is the expectation it would lead to improved care. U.S. adults appear to have similar expectations of EMR.

- $66 \%$ of U.S. adults have access to their EMR through their doctor.
- 71\% say EMR access is very important/important and that all doctors should provide EMR access (85\%).
- And, not only do patients say they should have access, $65 \%$ say all of their doctors should have access to their EMR.
- $67 \%$ say EMR use will improve healthcare quality in general, and result in improved quality of healthcare for themselves (65\%).
- The four top reasons U.S. adults access their EMR are to: monitor their health (72\%), request a prescription refill (38\%), request an appointment (33\%), and ask a physician a question (32\%).


## The ACA...where do we go now?

The ACA continues to be a "hot button" issue. Most U.S. adults state it hurts the healthcare system, that the healthcare system was better before the law passed, and that it should be repealed or reformed. These attitudes are largely influenced by political ideology or affiliation.

- $54 \%$ of U.S. adults strongly agree/agree the ACA should be repealed in it's entirety.
- This is true more for Republicans (77\%) than Democrats (27\%).
- Similarly, $54 \%$ strongly agree/agree the healthcare system was better before the ACA passed.
- Again, this is true more for Republicans (77\%) versus Democrats 34\%.
- And, $52 \%$ think the ACA hurts the healthcare system overall.
- $83 \%$ of Republicans hold viewpoint versus $23 \%$ of Democrats.
- Regardless of political affiliation, there is agreement that the ACA should be reformed (75\% strongly agree/agree).


## Physicians as Translator

Many U.S. adults find it more difficult to understand their health insurance now than before the ACA passed. To reduce their lack of understanding, many expect and rely on their physician to help.

- $55 \%$ of U.S. adults strongly agree/agree that the ACA has made health insurance more difficult to understand.
- 78\% strongly agree/agree that doctors should know more about how the ACA impacts quality of care.
- $43 \%$ say they rely on their doctor to understand how the ACA impacts quality of care.
- $48 \%$ rely on their doctor to understand what their insurance covers.

DETAILED FINDINGS

## DOCTOR-PATIENT RELATIONSHIP

## Most say the quality of care they receive has stayed about the same since the ACA was passed

Has the quality of care that you receive from the doctor you see most often...


Adults 18-34 are significantly* more likely to report improvement in the quality of care they receive than adults 35-44, 55-64, and 65+.

| Age | $\%$ improved |
| :--- | :--- |
| $18-34$ | $13 \%$ |
| $35-44$ | $5 \%$ |
| $45-54$ | $10 \%$ |
| $55-64$ | $4 \%$ |
| $65+$ | $5 \%$ |

## Majority disagree that the ACA has helped the doctor-patient relationship

\% agree/disagree ACA has helped the doctor-patient relationship


■ Agree ■ Disagree
\% indicating relationship with their doctor has improved/worsened


Has your relationship with your doctor that you see most regularly...

```
\squareImproved ■ Stayed about the same ■ Worsened
```

Adults 18-34 and 45-54 are significantly* more likely to report improvement in the relationship with the doctor they see most often than adults 55-64 or 65+.

## THE HEALTHCARE LANDSCAPE \& IMPACT ON PATIENTS

U.S. adults are split in their confidence they would be able to afford care if they became seriously ill
\% confident/not confident they would be able to afford care needed


- Very confident/confident - Not at all/not very confident


## Groups differ in confidence they could afford care needed if they became seriously ill



## Many are concerned about their ability to pay for medical treatment

\% concerned with ability to pay for any medical treatment


## Groups differ in level of concern with ability to pay for medical treatment

U.S. adults with a high school education or less are significantly* more likely to be concerned than those with a college education
\% by educational attainment

| $\mathbf{6 7 \%}$ | $\mathbf{6 2 \%}$ | $\mathbf{5 4 \%}$ |
| :---: | :---: | :---: |
| $33 \%$ | $31 \%$ | $38 \%$ |
| $34 \%$ | $31 \%$ | $16 \%$ |
| High school or less | Some college | College degree or <br> more |
| $\square$ Very concerned | $\square$ Somewhat concerned |  |

U.S. adults with a household income under \$75,000 are significantly* more likely to be concerned than all others.
U.S. adults who are unemployed are significantly* more likely to be very concerned than those employed part- or full-time.
\% by employment status

$\square$ Very concerned $\quad$ Somewhat concerned
U.S. adults without health insurance are significantly* more likely to be concerned than those with health insurance.
\% concerned by household income

| $70 \%$ | $69 \%$ |  |  |
| :---: | :---: | :---: | :---: |
| $28 \%$ | $38 \%$ | $53 \%$ | $45 \%$ |
| $42 \%$ |  | $34 \%$ | $22 \%$ |

Less than $\$ 25,000 \$ 25,000-\$ 74,999 \$ 75,000-\$ 149,999 \$ 150,000$ or more
\% concerned by health insurance status


- Very concerned
- Somewhat concerned

Base: All Qualified Respondents ( $n=1,511$ )
Q4. To what extent are you concerned or not concerned with your ability to pay for any medical treatment if you were to get sick or injured?
*p < . 05, **sums may be different due to rounding error

## Cost of prescription drugs is the most commonly cited factor for rising health care costs



Base: All Qualified Respondents ( $n=1,511$ )
Q696. In your opinion, what are the top three factors that contribute to rising healthcare costs?
*p < . 05

## Some report skipping treatments or doctor visits due to cost

## \% skipping doctor visit or treatment due to cost

Skipped a medical test, treatment, or follow-up that was recommended by a doctor

$\square$ Yes $\quad$ No

# Similarly, some report skipping at least some doses or prescriptions altogether due to cost 

\% skipping meds altogether or doses due to cost

Skipped doses of your medicine


## Those with children or with no health insurance are more likely to skip care and prescriptions due to cost

\% U.S. adults with/without children in household who
skipped needed medical care due to cost

\% U.S. adults with/without health insurance who skipped needed medical care due to cost


## 2 out of 5 had unexpected healthcare expense in past year And, for many it created financial hardship

$\%$ with/without unexpected health care expense in past 12 months


■ Had unexpected healthcare expense

- Did not have unexpected healthcare expense

Degree of financial hardship created by unexpected expense


- Serious financial hardship ■ Some financial hardshiop
- Little financial hardship $\quad$ No financial hardship


## 1 out of 3 think their health insurance premium is unaffordable

\% who think their health insurance premium is affordable/unaffordable


Base: Purchased Health Insurance ( $\mathrm{n}=\mathbf{1 , 1 6 9 \text { ) }}$
Q441. Thinking about the amount you currently pay out-of-pocket for the health insurance that covers you personally, how affordable do you think your current insurance premium is...? *p< 05

## 1 out of 5 think their PCP copay is unaffordable

\% who think PCP copay is affordable/unaffordable


Base: Does Not Have Tricare/Indian Health Service Health Insurance ( $n=1,374$ )
Q445. Thinking about the amount you currently pay out-of-pocket for the visits to your primary care provider, such as your family physicians, internists, and gynecologists, how affordable do you think your current primary care copay is?
*p < . 05
**Percentages may not sum to $100 \%$ due to rounding.

## Half think their specialist copay is unaffordable

\% who think specialist copay is affordable/unaffordable

| U.S. males are significantly |
| :--- |
| more likely to say specialist |
| copays are affordable than |
| females. |

U.S. adults with a household income of less than $\$ 25,000$ are significantly less likely to say specialist copays are affordable than all other income categories (\$25,000\$74,999, \$75,000-\$149,999, \& \$150,000 or more).
U.S. adults who receive their health insurance through their employer are significantly more likely than those who receive it through Medicare or Medicaid to say their specialist copay is unaffordable.


Affordable

29\%


## Nearly 2 out of 5 think their insurance deductible is unaffordable

\% who think insurance deductible is affordable/unaffordable


Base: Does Not Have Tricare/Indian Health Service Health Insurance ( $\mathrm{n}=\mathbf{1 , 3 7 4 \text { ) }}$

## 1 out of 3 have debt due to medical costs

\% with/without debt because of medical costs



Adults 65+ are significantly* less likely than other age groups to debt because of medical costs

The uninsured are significantly* more likely than insured to debt because of medical costs


## Most are concerned about how much healthcare costs will affect them in the future

## Concerned future healthcare costs will affect them



# Most think technological advances will result in improved patient care 

## And, almost half think it will result in lower costs

\% agree/disagree technological advances will be beneficial


Base: All Qualified Respondents ( $n=1,511$ )
Q665. Now thinking about the future of healthcare in America, please tell us the extent to which you agree or disagree with the following statements.
Technological advances will reduce the cost of healthcare
New efficiencies brought by advances in technology will result in improved care for patients

## U.S. adults are more likely to think insurance companies have impact on treatment options than doctors

How much each group, as a whole, impacts treatment options available to patients

U.S. adults are significantly* more likely to say health insurance companies impact treatment than physicians do.

Base: All Qualified Respondents ( $n=1,511$ )
Q605.
Overall, thinking about treatment options available for medical conditions please tell how much each group, as a whole, impacts treatment options available to patients..
p<. 05
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## CURRENT AND FUTURE HEALTHCARE SERVICES

# Most are likely to use same-day appointments for medical care 

\% likely/unlikely to use same-day appointments


## Likelihood to use same-day care differs by group

\% likely to use same-day appointments by age

| $8 \%$ | $5 \%$ | $11 \%$ | $7 \%$ | $7 \%$ |
| :--- | :---: | :---: | :---: | :---: |
| $8 \%$ | $10 \%$ |  | $13 \%$ | $23 \%$ |

■ Very likely $\quad$ Likely ■Unlikely ■ Very unlikely
Adults 18-34 and 35-44 are significantly* more likely to be likely to use same-day appointments than adults 55-64 and $65+$ ).
\% likely to use same-day appointments by employment status

| 6\% | 15\% | 6\% | 6\% |
| :---: | :---: | :---: | :---: |
| 13\% | 13\% | 27\% | 27\% |
| 45\% | 43\% | 42\% | 42\% |
| 36\% | 29\% | 25\% | 25\% |
| Employer | Bought on own | Medicare | Medicaid |

[^0]\% likely to use same-day appointments by parent status


Do not have children in HH
$\square$ Very likely $\quad$ Likely $\square$ Unlikely $\square$ Very unlikely
Adults with children in the household are significantly* more likely to use same-day appointments than those who do not have children in the household.
\% likely to use same-day appointments by employment status


Full-time


Part-time
$15 \%$

35\%
Unemployed
$\square$ Very likely $\square$ Likely $\square$ Unlikely $\square$ Very unlikely
Adults both full-time and part-time employed are significantly* more likely to use same-day appointments than unemployed adults.

Base: All Qualified Respondents ( $n=1,511$ )
Q495. How likely would you be to utilize the following when seeing a health care provider for ongoing care (including preventive care, chronic care, acute or sickness care, etc.)?

* p < . 05 , top 2 box vs. bottom 2 box
**Percentages may not sum to $100 \%$ due to rounding error


## Similarly, most are likely to use extended doctor's office hours

\% likely/unlikely to use extended office hours


## Likelihood to use extended office hours differs by group

\% likely to use extended office hours appointments by

| 5\% | $\begin{array}{r} 5 \% \\ 15 \% \end{array}$ | age |  | 16\% |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 11\% | 10\% |  |
| 14\% |  |  |  |  |
|  |  | 18\% | 26\% | 39\% |
| 37\% | 39\% | 31\% | 38\% |  |
| 44\% | 40\% | 40\% |  | 29\% |
|  |  |  | 26\% | 16\% |
| 18-34 | 35-44 | 45-54 | 55-54 | $65+$ |

Adults 18-34 and 35-44 are significantly* more likely to use extended office hours than adults 55-64 and 65+.

| \% likely to use same-day appointments by insurance |
| :--- |
| $6 \%$ |

$\square$ Very likely $\quad$ Likely $\quad$ Unlikely $\quad$ Very unlikely
U.S. adults who receive health insurance through their employer are significantly* more likely to use extended office hours than those who receive it through Medicare or Medicaid.
\% likely to use extended office hours by parental status


Have children
$■$ Very likely ■ Likely

Do not have children in HH
Unlikely
■ Very unlikely


Adults with children in the household are significantly* more likely to use extended office hours than those who do not have children in the household.


Part-time
$\square$

$$
■ \text { Very likely } \square \text { Likely } \square \text { Unlikely } \square \text { Very unlikely }
$$

## Adults both full-time and part-time employed are

 significantly* more likely to use extended office hours than unemployed adults.Base: All Qualified Respondents ( $n=1,511$
Q495. How likely would you be to utilize the following when seeing a health care provider for ongoing care (including preventive care, chronic care, acute or sickness care, etc.)? *p $<.05$, top 2 box vs. bottom 2 box
**Percentages may not sum to $100 \%$ due to rounding error

## Most are also likely to use online scheduling

\% likely/unlikely to use online scheduling


## Likelihood to use online scheduling differs by group

\% likely to use online scheduling appointments by age


Adults 18-34, 35-44, 45-54 are significantly* more likely to use online scheduling than adults $65+$.
\% likely to use online scheduling by insurance status


Employer


Bought on own


Medicare


Medicaid
$\square$ Very likely $\quad$ Likely $\square$ Unlikely $\square$ Very unlikely
U.S. adults who receive health insurance through their employer are significantly* more likely to use online scheduling than those who receive it through all other means.
\% likely to use online scheduling by parental status


Have children
■ Very likely $\quad$ Likely $\quad$ Unlikely $\quad$ Very unlikely
Adults with children in the household are significantly* more likely to use online scheduling ours than those who do not have children in the household.
\% likely to use online scheduling by employment status


Full-time


Part-time


Unemployed
$\square$ Very likely $\square$ Likely $\square$ Unlikely $\square$ Very unlikely

[^1]Base: All Qualified Respondents ( $\mathrm{n}=1,511$ )
Q495. How likely would you be to utilize the following when seeing a health care provider for ongoing care (including preventive care, chronic care, acute or sickness care, etc.)?

* p < . 05 , top 2 box vs. bottom 2 box
**Percentages may not sum to $100 \%$ due to rounding error

Most are also likely to use e-mail communication with their HCP for ongoing care
\% likely/unlikely to use e-mail communication


## Likelihood to use e-mail with doctors differs by group

\% who would use e-mail with doctor by age


Adults 18-34, 35-44, and 45-54 are significantly* more likely to use e-mail communication with their doctor than adults $65+$.
\% who would use e-mail with doctor by insurance status


Adults who have insurance through their employer are significantly* more likely to use e-mail communication with their doctor than those who receive it through Medicare or Medicaid.
\% who would use e-mail with doctor by parental status


There is no difference between those with children in the household and those without in likelihood to use email with their doctor.
\% who would use email with a doctor by employment status


Full-time

| $13 \%$ |
| :---: |
| $12 \%$ |
| $37 \%$ |
| $38 \%$ |

Part-time


Unemployed
$\square$ Very likely $\quad$ Likely $\quad$ Unlikely $\quad$ Very unlikely

Adults both full-time or part-time employed are significantly* more likely to be likely to use e-mail with their doctor than unemployed adults.

Base: All Qualified Respondents ( $\mathrm{n}=1,511$ )
Q495. How likely would you be to utilize the following when seeing a health care provider for ongoing care (including preventive care, chronic care, acute or sickness care, etc.)?

* p < . 05, top 2 box vs. bottom 2 box
**Percentages may not sum to $100 \%$ due to rounding error


## A majority think they should have access to EMR

But, fewer actually do
 think all doctors
should provide EMR access


■ Doctors Should Provide EMR Access
Doctors Should Not Provide EMR Access2

## Among those who use EMR, monitoring health is the most common reason

\% used EMR to


## Most think EMR access is important

More in the 18-64 age groups than those 65+ think it's very important
\% who think EMR access is important/not important


## Most think all their doctors should have access to their EMR

\% who think all their doctors should/shouldn't have EMR access


■ Think all their doctors should have EMR access

- Do not think all their doctors should have EMR access


## And, most think EMR will result in improved healthcare in general and (specifically) for themselves


\% of patients who think EMR will/will not improve healthcare in general
\% of patients who think EMR will/will not improve healthcare for them
$\square$ Will improve Will not improve

THE AFFORDABLE CARE ACT

# Many parts of the ACA are now understood by most U.S. adults, but confusion around other parts still exists 

\% rating as true or false


Base: All Qualified Respondents ( $\mathrm{n}=1,511$ )
Q306. For each, please tell us if you think the statement is true or false.
It requires all American citizens to have health insurance or pay a fine
It provides financial assistance to those with lower and moderate income to pay for insurance
It requires all states to offer a Medicaid option to all citizens
It allows insurance companies to cancel policies after they have been issued (sometimes call rescission
It allows parents to keep their children on their insurance up to age 26
It requires insurance companies to cover routine preventive care services, such as annual exams, routine vaccines or immunizations

# Half find navigating parts of the healthcare system, such as insurance, more difficult since ACA passed <br> <br> And, political affiliation matters 

 <br> <br> And, political affiliation matters}
\% agree/disagree ACA has made health insurance more difficult to understand


## About 3 out of 5 do not think health insurance has improved since ACA was passed

\% agree/disagree health insurance improved since ACA passed


Base: All Qualified Respondents ( $\mathrm{n}=1, \mathbf{5 1 1}$ )
Q560. Please tell us the extent to which you agree or disagree with the following statements about the Affordable Care Act (ACA)
Health insurance has been improved because of the passage of the ACA -
*p < . 05

## But, there are differences in this sentiment across groups

College educated are significantly* more likely than those with less than a college degree to strongly agree/agree that insurance has improved since ACA passed.
\% agree/disagree by educational attainment


Democrats are significantly* more likely than Independents and Republicans to strongly agree/agree that insurance has improve since ACA passed.
\% agree/disagree by political affiliation


Blacks/African-Americans are significantly* more likely than Whites and Hispanics to strongly agree/agree that insurance has improve since ACA passed.


Adults in the East and West are significantly* more likely than those in the South to strongly agree/agree that insurance has improve since ACA passed.

|  | \% agree/disagree by region of U.S. |  |  |
| :---: | :---: | :---: | :---: |
| 26\% | 29\% | 34\% | 26\% |
| 26\% | 30\% | 31\% | 25\% |
| 37\% | 30\% | 25\% | 35\% |
| 10\% | 12\% | -9\% | 14\% |
| East | Midwest | South | West |

Base: All Qualified Respondents ( $n=1,511$ )
Q560. Please tell us the extent to which you agree or disagree with the following statements about the Affordable Care Act (ACA).
Health insurance has been improved because of the passage of the ACA -
*p $<.05$

## 2 out of 5 think ACA hurts the healthcare system

 Fewer think so for some players in the healthcare system\% who think ACA helps/hurts


## ...And, political affiliation matters

\% who think ACA hurts...


## Half think the healthcare system was better before the ACA was passed <br> And, this too varies by political affiliation

\% agree/disagree healthcare system was better before ACA was passed


Yet, most, regardless of political affiliation, agree that while the ACA isn't perfect reform was needed
Though they differ significantly* in the extent to which they agree
\% agree/disagree ACA not perfect, but reform was needed


## Half think the ACA should be repealed in its entirety <br> But, political tendency matters

\% agree/disagree government should repeal the Affordable Care Act in its entirety


Base: All Qualified Respondents ( $n=1,511$ )
Q665. Now thinking about the future of healthcare in America, please tell us the extent to which you agree or disagree with the following statements.
-The government should repeal the Affordable Care Act in its entirety

## Many expect physicians to help them understand changes resulting from ACA



Base: All Qualified Respondents ( $\mathrm{n}=1,511$ )
Q560. Please tell us the extent to which you agree or disagree with the following statements about the Affordable Care Act(ACA).

- Doctors should know more about how the ACA impacts the quality of healthcare
- I rely on my doctor to help me understand how the ACA impacts the quality of my healthcare
- I rely on my doctor to help me understand what my health insurance covers -
*p < .05, **Figures may not sum to $100 \%$ due to rounding error
nielsen


## RECENT VISITS TO HCPs

## Most routine exams are conducted by PCPs

Who routine exam was with


## However, differences exist across age, employment status, insurance status, \& parental status

Adults 65+ are significantly more likely to have a routine exam with a PCP than those 18-34 and 45-54.


Those employed full-time are significantly more likely to report visiting a PCP for their last routine exam than those unemployed.
\% visited a PCP for their most recent routine exam


Those with no children in the household are significantly more likely to report visiting a PCP for their last routine exam than with children.

Those in the $\$ 75,000-\$ 149,999$ income category are significantly more likely to report visiting a PCP for their last routine exam than those in the \$150,000 category.

[^2]Q505. For the next few questions please think about the medical appointment you had for your most recent routine exam. Who was this routine exam with?
$p<.05$

## Majority think NPs/PAs provide quality care <br> But, 3 out of 5 still prefer seeing their physician for routine care




88\%


## Most were satisfied with various aspects of their most recent visit with their PCP

How satisfied or dissatisfied were you with the following?


> Adults 65+ are significantly* more satisfied than those in the 35-44 age range on each factor of recent routine exam, except the extent to which the PCP was respectful where there was no statistical difference.

Amount of time PCP PCPs ability to explain How well PCP listened to How well PCP seemed to Extent to which PCP was spent with you during appointment
know your medical
history
respectful of you as a patient
things in a way that was easy to understand

Very satisfied/satisfied

■ Very dissatisfied/dissatisfied

Base: Indicated Primary Care Physician For Most Recent Routine Exam ( $\mathbf{n}=976$ )
Q520. Since the passage of the Affordable Care Act, that is since March 2010, has quality of care that you receive from the doctor you see most often...? * $\mathrm{p}<.05$

# 7 out of 10 report wait times at appointments for routine care are in line with expectations 

On the day of your appointment for your most recent routine exam, would you say your wait time was...

■ Longer than you would expect

| Adults 18-64 are significantly* more likely than adults |
| :--- |
| 65+ to report longer than expected wait times for |
| routine exams. |
| $\qquad$$18-34$ $22 \%$ <br> $35-44$ $19 \%$ <br> $45-54$ $17 \%$ <br> $55-64$ $15 \%$ <br> $65+$ $6 \%$ |

# Most say their appointment wait time is about the same now as before the ACA was passed 



| Significantly more adults who report less than $\$ 25,000$ in |
| :--- |
| household income report shorter wait times than all but |
| top earners now compared to before the ACA. |
| Much/Little shorter |
| Less than \$25,000 |
| $\$ 25,000-\$ 74,999$ |
| $\$ 75,000-\$ 149,999$ |
| $\$ 150,000$ or more |
|  |

Significantly more adults who report buying health insurance on their own report longer wait times now compared to before the ACA was passed than those who receive Medicare or Medicaid.

|  | Much/Little longer |
| :--- | :---: |
| Employer | $14 \%$ |
| Bought on own | $28 \%$ |
| Medicare | $13 \%$ |
| Medicaid | $13 \%$ |

BASE: INDICATED PCP FOR MOST RECENT ROUTINE EXAM ( $\mathrm{n}=976$ )
 passed, do you feel like you had a...?

## Half were able to schedule an appointment within a day the last time they were sick



Base: All Qualified Respondents ( $n=1,511$ )
Q530. About how long did you have to wait for an appointment to see a primary care physician?
nielsen

## APPENDIX: SAMPLE DEMOGRAPHICS

## Sample demographics

|  | $\%^{*}$ |
| :--- | :--- |
| Gender |  |
| Male | 39 |
| Female | 61 |
| Age | 15 |
| $18-34$ | 18 |
| $35-44$ | 23 |
| $45-54$ | 28 |
| $55-64$ | 16 |
| 65 or older | 19 |
| Income | 47 |
| Less than $\$ 25,000$ | 28 |
| $\$ 25,000$ to $\$ 74,999$ | 6 |
| $\$ 75,000$ to $\$ 149,999$ |  |
| $\$ 150,000$ or more |  |


|  | $\%^{*}$ |
| :--- | :---: |
| Marital status | 13 |
| Never married | 61 |
| Married | 13 |
| Divorced | 2 |
| Separated | 4 |
| Widow/Widower | 7 |
| Living with partner | 30 |
| Political affiliation | 35 |
| Republican | 35 |
| Independent/other |  |
| Democrat | 8 |
| Physical health status | 30 |
| Excellent | 38 |
| Very good | 19 |
| Good | 5 |
| Fair | Poor |


|  | $\% *$ |
| :--- | :---: |
| Race | 78 |
| White | 8 |
| Black-African American | 10 |
| Hispanic | 4 |
| Other | 29 |
| Education | 8 |
| HS or less | 28 |
| Job training after HS | 34 |
| Some college |  |
| College or more |  |


[^0]:    U.S. adults who receive health insurance through their employer are significantly* more likely to use same-day appointments than those who receive it through Medicare or Medicaid.

[^1]:    Adults who work either full-time or part-time are significantly* more likely to use online scheduling than unemployed adults.

[^2]:    Base: All Qualified Respondents ( $n=1,511$ )

